

## **MAHALAGANG ARAW**

Good Friday ay upang maging ang pinaka mahalagang araw sa Filipino pangkukulam at pangkukulam at kahit healers at shamans halaga sa araw na ito kaya marami. At na ang dahilan kung bakit ito kinuha sa akin ng isang habang na magsulat at magbigay ng mga tagubilin muli dahil sa paghahanda na aking ginawa. Inipon ko lahat ng kailangan ko para makakuha ng bagong orasyons at tinipon ang lahat ng bagay at nilalang upang maisagawa ang ritwal na ako dapat isagawa upang makamit ang malaking empowerment para sa buong taon. Ngunit kung ano ako pinaka Inaasahan ay sa alas bagong orasyons at ritwal na pamamaraan. Ang higit sa karaniwan ay palaging sorpresa sa iyo sa alinman sa higit na mataas o mababa orasyons o ritwal. Ngunit pahintulutan ako lang magpatuloy at magbigay sa iyo ng mga pangunahing tagubilin sa darating na Biyernes Santo.

Una ay ang iyong personal Lana (Oil). Ano ang kailangan mo ay gata na ofcourse dumating mula sa niyog na rin ang natipon sa Biyernes Santo. Petals ng bulaklak na kung saan ay inaalok sa iyong personal na altar ngunit ako ay mataas na pinapayo na bulaklak na iyong nakuha mula sa "prusisyon" noong nakaraang taon, ngunit ang bulaklak mula sa iyong sariling bahay altar o mula sa simbahan ay maaari ring

gawin. Ang isang piraso mula sa iyong "palaspas" na kung saan ay mapalad na ito lamang na Linggo ng Palaspas. Anumang masama ng karbon. At sa wakas, ang orasyon na kung saan kayo ibulong sa iyong tapos Lana.

Sa 15:00. Cook ang Lana normal pagdaragdag ng isa baga sa ito kapag ito ay halos malinaw. Makikita mo alam ito ay luto kapag ito ay malinaw na at isang maliit na brownish. Pagkatapos ay ilagay ang iyong Lana sa isang bote (isang bote ng mayonnaise ang Ok). Pagkatapos ay hiwa tatlong maliit na bahagi mula sa iyong palaspas at idagdag ito sa iyong Lana. Susunod ay ang mga petals, tungkol sa 7 petals. Pagkatapos ibulong ang orasyon (na ako magbigay ng bukas) ng tatlong beses sa loob ng bote ng Lana, isara ito at ilagay ito sa iyong dambana.

Pangalawa ay manika. Itim at puti. Hindi bagay paano marami pero 4:57 ng bawat kulay ay gawin. Gumawa ng isa na kung saan ay walang puwit. Ano ang ibig sabihin ko sa pamamagitan ng na ay na manika ang dapat tulad nito dibdib at binti ay konektado. Gamitin ang bagong tela, thread, at karayom. Ang orasyon upang italaga ito manika ay din ay ibinigay bukas. Gawin ang inyong mga dolls 6:00 pataas.

Third ay karayom / pins. 13 ng mga ito ay dapat na kapangyarihan sa pamamagitan ng isang orasyon.

Ikaapat ay ang lahat ng mga orasyons na mayroon ka. Maaari mong isulat na muli ang orasyons sa isang libro o isang libreta ang orasyons na mayroon ka at magbigay ng kapangyarihan ito. Ang huling pamamaraan ko nagturo sa iyo ay empowerment ng isang orasyon kapag ito ay kinakailangan upang gamitin ngunit hindi kapangyarihan sa inireseta ng petsa. Ngunit ito Biyernes Santo, lahat ng kailangan mong gawin ay ang unang makasagot ng isang tiyak na orasyon at ulitin ang bawat isa sa lahat ng mga orasyons ikaw ay may 7 beses sa bawat oras simula sa 18:00 at nagtatapos sa 12:00.

Gayumas at iba pang mga rituals din ang pinakamahasag na tapos na sa Biyernes Santo. Tandaan na supernaturals ay tunay malakas na sa panahon ng araw na ito. At lahat ng rituals ginagawa bilang mga nagturo ay magbibigay sa tunay mabuti epekto. Bumili din ng mas maraming bilang ng kandila bilang maaari mong ito sa Biyernes Santo. Magtipon ng lupa mula sa sementeryo. Bumili o gumawa ng amuleto. At kung talagang posible, planta ng isang puno Balate saan mo hiwa mula sa isang malaking isa. Inirerekomenda ko na lahat ng bagay na kakailanganin mo para sa iyong mga

ritwal ay dapat na nakuha na ito ng Biyernes Santo.

At sa wakas, sa empowering ang iyong mga manika, karayom at orasyons. Mga may isang tasa ng dugo sa mga ito ay lubos na pabor sa pamamagitan ng higit sa karaniwan / espiritu at sa mga mula sa isang itim na manok o ang isang itim na kambing ay upang maging isa ng kanilang mga paborito. At liwanag atleast dalawang candles ofcourse.

Doon, ako hulaan ko na nagbigay ng sapat na mga tagubilin para sa starters. Kung may mga katanungan pagkatapos ay makatarungan post ang inyong mga katanungan sa mga puna. Orasyons para sa pagtatalaga at empowerment ay ipagkakaloob bukas. Bago ako, alam ko na maaaring isa itanong "kung kailangan namin upang magbigay ng kapangyarihan orasyons, kung paano namin maaaring gamitin ang orasyons na ikaw ay magbigay bukas kung ito ay kailangan upang maging kapangyarihan sa Biyernes masyadong?". Well ang kasagutan sa na ay napaka simple. Hindi lahat ng orasyons na kailangan upang maging kapangyarihan. At ang orasyons na ako sa pagpunta sa magbigay ng bukas ay hindi tunay na isang spell ngunit isang panalangin ng pagpapala sa iyong mga bagay upang italaga at magbigay ng kapangyarihan ito. May isang bahagyang pagkakaiba sa

pagitan ng lumunok at panalangin ngunit namin ang lahat ng malaman na ang pareho ay tinatawag na "ORASYON".

### **ORASYON For the oil:**

Egosum benedictus in nomina Patris, et Filius et Spiritu Sancti. Amen. Bona de Deus Omnipotens filius exsisto soper tuus , quod totus buenos incedo tuus , quare egosum beatus tuus quod consecro tuus , ut sententia socorro procul es tendo.(1x)

### **MGA ORACION SA IBAT-IBANG KARAMDAMAN**

#### **Sa peste at sa ibat-ibang sakit:**

ECCE CRUCEM DOMINE FUGITE FORTIS AD  
BERCE VINCIT LEO DE TRIBU JUDA DAVID  
ALELUYA ALELUYA ALELUYA

#### **Panghilot at pangtapal kung nabali ang buto:**

QUEM QUAERITIS SUSUBANI EGO SUM HOMO  
Mauli ang sirang buto — CRIATUM HOMO QUIS  
LOVEL, PHU PHU PHU...

#### **Sa puwing:**

1. RICUTITAM MASUR RISURBO
2. JESUS PERETUINO ULIMARES GIGLER  
YLAPUS

#### **Para maampat ang dugo at sa bukol:** OCTE OACTE OACNE OANGE

#### **Para maampat ang pagdurugo:** MAR MAR FORAM LEETMES GENOTES PERAM PARAM

#### **Para sa singaw:** DOMINE MENE MINE MEUM ABNE MINE MINE MEUM, YESUM CRISTUM CELEMEI

#### **Sa buni:** MAMONGLAY BARDUCAMIN YCAR BATUR CARCAR

#### **Sa tamang hanging-hihip sa tuktok ng tatlong beses:** MEMENTOMO HOMO TUIS REBOESEMPO BESPO SUO BARES

#### **Sa lagnat at sa pilay-hangin, ibulong sa kamay na ihihilot at sa tubig na ipaiinom:** ATME HIUB RESEOC

#### **Sa inuubo – bulong sa tubig na ipaiinom:** LUOM ACDUO MUAC CILIM VUM MORUS

#### **Sakit sa ulo at lagnat – sa iinumina at tapal:**

DATAM UMO BUSCUM BIL SABAOTH

**Panghilot sa masakit ang likod – at painom sa masakit ang lalamunan:**

AMAM SANCTUM AMAM TACA AMAM SABAB

**SA Sumasakit ang ngipin, pangbulong sa pangmumog at sa iinumina:**

NOR NOT NON NUS NOD NOM NIAC AC BIAC

**Sa pilay – ibulong sa langis o tubig na panghilot:**

MADMED ACBIUS ROUDAE

**Sa kinukulebra – hihip sa tuktok at buong katawan:**

ESET ETAC ENATAC

EDEUS GEDEUS DEDEUS

**Sa sakit ng ulo – hihip sa tapat at sa panyong itatali:**

1. ARAM AC-DAM AM-ADAM

2. UG-DIAG NUHIUM ALIMUSOD

3. ARAM ADAM ACSIDAM VUC VOUC VAUC

TAUOC

**Sa apendicitis:**

1. (Circulo Quabalistico) DARISTIS DARISTIS  
ROTOLO

VOBIS OPAYUOL INRI E.R.I.K.M.

2. NUUT DUUT – madurog – ATADAT MAT –  
mabasag – DUUT NUUT

**Mawala Sa bikig (tinik sa lalamunan):**

SAGOE NAGOE MAGOE MEORIBOAM HUCMOM

**Sa bukol at sa sakit na San Lazaro:**

ATME HUIV RESEOC

**Sa ubo at bukol:**

LUOM ACDUO MUAO CILIM VUM MORUS

**Sa pulmonia:**

DATAM UMO BUSCUM BIL SABAOTH

**Sa tisis (TB) at sa pulmonia:**

AMAM SANCTUM AMAM TACA AMAM SABAB

**Sa bulag:**

MADMEO ACBIUS ROUDAE

Hihip sa tainga ng bingi at sa mata ng bulag:

CHRISTUS SANCTA TRINITAS OMO DAUB  
JESUS

**Sa ngipin at sakit na San Lazaro:**

BUCOLOM BALALAM BIAM AM DIDIC DIO DIO  
JESUS

**Sa sinusubaan, kinakabagan at sa taul (bituka):**

ESET ETAC ENATAC

EDEUS GEDEUS DEDEUS

**Sa bukol:**

MATAM MAUM-RUM MOUM BEM  
PHTAH, HA 'PHTACK

**Ginamit ni Jesus sa Pipi/Bingqi**

Kapahamakan – AUM

A – Ateh

G – Gibor

L – Leolam

A – Adonai

"Let There be light and there was light"

"Jesus Jesus Samagmom

Sanctum Egosum Sum

Salvame Salvum"

(Oracion para maligtas sa kapahamakan)

DIOS AMA at MUNDO

Gloria

I-E-T

ITA – Elebato Tibag

SANTISIMA TRINIDAD

LM – Lamuroc Milam

A-A-E-A – Ampig Ampilan Ecce Alleluya

NOTE: ang mga ORA na ito ay hindi basta mapapatalab kung ang isang tao ay walang tiwala o nag dududa.. kaylangan ng mataimtim na panalangin bago nyo gamitin ang ORA na ito upang magkaron ng bisa..

**Maaaring gamitin ang alin mang Pangalan ng Diyos para gamutin ang isang may sakit sa espiritu:**

1. ADONAI JEHOVA ELOIM SABAOTH
2. ARAM ACDAM ACSADAM ADONAI
3. JESUS DOMINUS DEUS SABAOTH JESUS HOMO ATHANATOS
4. ESMEREIL BERNABAL TUNIP MANUMVAU
5. AMPILAM GOAM EXEMENERAU HECOAO-OOE-EOC
6. SATAMAC TUNITUPTIM MEMERIL SAMONAC TEURSOC MEAC
7. LAM GOAM ABISTE ABITEM AMPI
8. MITAM MATAM MICAM MACMA-MITAM
9. HOCMITAC AMINATAC HIPTAC
10. ACNO AMISIOTAM IPOCSO CAMAD HAPHAP ROCOB BAIO ICOB LEPUS NAPRAP
11. JO-HAOC AB-HA HICAAC
12. AL EL SHADDAI ALOHAYIN ADONAI AGLA

Pumili kayo nang alin man sa 12 kombinasyon. Ibulong po sa isang basong tubig bago ipainum sa may sakit.

**Orascion ng pagpapahinto ng pamamaga at pagpapahilom ng sugat.**

Sambitin o usalin ng tatlong beses ang orascion ito at ihip sa parting may sugat o namamaga at siguradong mawawala ang pamamaga at maghihilom ang sugat.

Naito po ang orascion:

SATORA ROBOTA NETABE RATOTTA ESE

Susi: LIATMOR IMPARI CHRISTE ANIMIMA  
MARIA SANTISIMA SALVAME.

### **GAMOT SA NABARANG NA PINAGSUSUGAT**

Tatlong ulit ibulong sa kumukulong tubig.  
Ilagay ang sulat na nasa papel at ipainom at  
ipunas sa sugat.

DOMINE DEUS MEUS DEUM MEUS  
ECIT REQUE LISME +  
SALVAME JESUS MARIA Y JOSEPH+

PAMATAY NG MASAMANG ESPIRITU,  
BARANG, MANGKUKULAM

Ipainom

+SON EMPRATRIS AC-MEC ATAL+

**UNTAT SIRO** – Isulat sa papel at idikit sa noo

DITARAC  
TUMVIGATUM  
TRASITAS  
CROTUS  
BROSTUSUM  
EGOSUM

### **TO AVOID ILLNESSES**

ESTO MIHI, UMBRACOLU, ET MEDECINAM, ET  
ANEMAE.

### **FOR VARIOUS ILLNESSES**

ECCECRUCEM DOMINE, FUGITE PORTIS AD  
VERCE, VINCIT LEO DE TRIBU, JUDA DAVID -  
ALELUYA, ALELUYA, ALELUYA.

### **FOR SPRAINS**

QUEM QUAERITIS SUSUBANI, EGOSUM  
HOMOMALI ANG SIRANG BUTO, CRIATUM,  
HOMO QUIS LOVEL, PHU, PHU, PHU.

### **FOR FOREIGN MATTER IN THE EYE (PUWING)**

(1) RICOTITAM MASUR RISURBO (B) JESUS  
PERETUINO ULIMARES GIGLER YLAPUS. FOR  
MOUTH SORES (APHTHOUS STOMATITIS): (1)  
MAMONGLAY BARDUCAMIN YCAR BATUR CAR-  
CAR. (2) OH VIRGO VIRGEN MARIA OPICLUM,  
JESUS MARIA MAMAHEN.

### **FOR BACK PAIN AND SORE THROAT**

AMAM SANCTUM, AMAM TACA, AMAM SABAB.  
FOR TOOTH EXTRACTIONS: DOMINUM PAULUM,  
WINGIM CARLIM, HIBLIM. FOR SPRAINS,  
BULONG WHILE MASSAGING: MADMED,

ACBIUS, ROUDAE. FOR BURNS: SALU AREPO  
TONAPE EROROTA.

### **NANLALABO NA MATA**

ELEATA ELEBATO YTA DE ULA YTA  
DE DAPO TIBAC TIGMAC BALUARTO  
TIARAHA BALARA

### **GAMOT SA LAHAT**

**aram acdam acsadam adonai**

### **HANGO SA AKLAT NG KARUNUNGAN NG DIYOS NI MELENCIO SABINO**

Narito pa ang mga ibang oracion na magagamit sa ibat ibang uri ng sakit at karamdaman, na sinipi sa ibat ibang kasaysayan at aklat, na kalakip ang mga paliwanag kung paano ang paggamit at kung saan nauukol gamitin ang nasabing mga oracion.

### **CRISTAC ORTAC AMININATAC**

Itoy sasabihin sa loob o sa sarili, saka ibulong sa malinis na tubig na inumin, bago ipainom sa may sakit. Ang tubig na matabang kapag nagbago at nag iba ang lasa, sa halimbaway masaklap, mapait, maalat o matamis kaya para sa may sakit, samakatuwid ay may ispiritu na hindi mabuti at nakapipinsala o namiminsala.

At upang mapatunayan minsan pa, ay kailangan subukan muli na painumin ng tubig, At ganito naman ang ibubulong:

### **HOCMITAC AMINATAC HIPTAC**

KUNG ANG UNA AT IKALAWANG PAGSUBOK AY NAGKAISA, ay maaring subukin hanggang maikatlo upang lalong makilala ang katotohanan. Sa ikatlong pagsubok ay ganito naman ang ibubulong;

### **AMPIC MIBEL GAYIM JESUS EXEMENERAU**

Ganyan ang dapat gawin pagsubok minsan, makalawa, hanggang maikatlo at sa ganyang paraan ay hindi namaaring makaila kung tunay na mayroon o walang karamdaman.

Kung gayon ay maaring sabihin sa masamang ispiritu na umalis at huwag ng babalik. At sa pagpapaalis ay ganito naman ang sasabihin:

### **IKAW NA KARUMALDUMAL NA ISPIRITU, AY LUMABAS KA SA MAY SAKIT, IWAN MO SYA AT UMALIS KA NA.**

At saka sabihin sa sarili ang sumusunod bago hipan sa bumbunan ang may sakit,

## **SUBTIHOY MIDAD INSALIDAD QUILIMIDAD**

Kung minsan ay pinasasakit ang ulo, sinisira ang bait, inaalís ang pandinig, binubulag ang mga mata, Pinasasakit ang lalamunan, pinalalaki ang dila' pinapagsusugat ang buong katawan, pinipilay at linulumpo upang huwag makalakad, pinapanghina ang katawan, inaalísan ng gana sa pagkain, at kung minsan naman ay pinalalakas ang pagkain ng may-sakit.

Iba't iba naman ang tawag o pangalan ng mga paraan ng pagbibigay ng sakit ng masasamang espiritu sa tao. May tinatawag na BABA O SAKAY, KAPIT O SAPI, PALIPAD-HANGIN, PAKAIN at iba-iba pa.

Ang tinatawag na BABA o SAKAY, ay nakababa sa batok o sa balikat ng may-sakit ang masamang espiritu. Ang tinatawag na KAPIT o SAPI ay nakakapit o nakasapi ang masamang espiritu sa katawan ng may sakit. Ang tinatawag na PALIPAD-HANGIN ay sumasama sa hangin, at tumatapat sa may-sakit na hindi katulad ng BABA o SAKAY.

Kung minsan ay pinapapasok ang masamang hangin sa loob ng katawan, karaniwan ay sa tiyan, ng may sakit. Kung minsan ay napapakain

o sumasama sa pagkain at iyan ang tinatawag na PAKAIN.

Kung minsan ay ang hanging ipinakakain lamang ng masamang ispritu ang laman ng tiyan. Iyan ay mapapalabas agad sa pamamagitan ng agpapasuka o pagpapadighay sa may sakit na paiinumin ng tubig na binulungan ng mag sumusunod na oracion.

## **CRISTAC ORTAC AMINATAC HOCMITAC AMINATAC DUYAAY MILUMIAT HOCBE VIROMIA UBARAM DACACNA**

### **TATLONG AKLAT NG KARUNUNGAN (Book 1)**

#### **Hanging Tanglaw Pantas**

#### ***Introduction***

The Philippines has lots of things to boast about when it comes to esoteric teachings. Unknown to many, Filipino culture has lots of magickal information to share to the World.

This small collection of articles will give the reader some information on magick as well as religious topics of ancient, as well as modern Filipinos.

I ask for forgiveness in presenting Filipino Information using the English language. Pardon but I can express myself more easily using English.

BOOK ONE:  
**MANGAGAMOT**

This part of the book will detail about the practices of folk healers such as the *Albularios* of the Tagalogs and *Mananambals* of the Visayas. Most of the information contained herein are already known by the public so it will not be so much of a revelation.

Take note that the information I am presenting here are based from facts which I myself has collected, folklore, and from some books.

**MGA KARUNGUNGAN NG MANGAGAMOT**

**Tawas**

Many already know what tawas is. As Tony Perez defines it, Tawas is the diagnosis of supernatural illness. When we say supernatural, it is the illness caused by Witches, Lamang Lupa, and other creatures.

Now I would not be detailing this subject very much because a book entirely about this subject is already in print and it is already

complete, and I dont have anything else to add to it.

I would just like to print one form of Tawas that is commonly used among Albularios. The Candle Tawas.

***Tawas na Kandila***

*Take a new candle and a bowl of clear water. Talk to the patient until you can sense the presence within him.*

*Next begin the prayer to the Almighty. (In case you dont know the prayer, just pray to your God to guide you in your undertaking. Almost all forms of prayer are effective)*

*Then, light the candle and place it over the bowl. Wait until it drips.*

*While it drips chant a prayer to the almighty asking for help.*

*When the time is right, an image will form in the wax drippings. Using your intuition, interpret the image.*

This Tawas has a little difference with the one printed in Tony's book. Unfortunately, the one in his book lacks information on what you should do after the Tawas.

I suggest you wrap the wax drippings with the candle leftover in a piece of white paper and place it under the patients pillow. This way,

meaningful dreams on why and who placed the sickness will be given to the patient.

If you need more information on Tawas, I greatly recommend Tawas by Tony Perez.

### **Mga Yerba at Halaman**

Filipinos are great herbalist. They are very aware that certain plants can cure and affect certain diseases and that some can be used to bring fort death.

A good Mangagamot will know the virtues (both medicinally and magically) of almost every plant in his district. He often keeps a notebook where he places everything about herbs, from the diseases they can cure, as well as the ones they can procure.

Now how does a mangagamot gain such a great knowledge of herbs? In the old times, it was trial and error. But fortunately, we at this present age, can have access to this vast knowledge.

One thing that you can do is compare the uses of herbs medecinally from other places with ours. The following table will give the English names of common filipino plants:

*Table I:*

### **Filipino Herbs and their English Names**

English Names	Filipino Names
Alfaalfa	Alfaalfa
Aloe	Sabila
Amaranth	Kulitis
Anatto	Asuette
Anise	Saque
Apple	Mansanas
Arrowroot	Araro
Basil	Balanoy
Borage	Dilang Usa
Belladonna	Kunti
Calamus	Lubigan
Champhor	Sambong
Cayenne	Siling Labuyo
Cinnamon	Kalingag
Coriander	Kulantro
Cypress	Cipress
Egyptian Bean	Bataw
Elder	Sauko
Frangipani	Kalatsutsi
Fennel	Haras
Fig	Igos
Gardenia	Rosal
Ginger	Luya
Heliotrope	Higad-Higaran
Hibiscus	Gumamela
Jasmine	Sampaguita
Juniper	Enero
Laurel	Laurel
Lemon Grass	Tanglap

MaidenHair-Alambrillo  
Marigold-Amarillo  
Marvel of Peru-A las cuatro  
Mimosa-Makahiya  
Morning Glory-Kang kong  
MotherWort-Kamariang-sungsong  
Mugwort-Damong Maria  
Nettle-Amirai  
Oak-Ecina  
Old Maid-Tsistsirika  
Oleander--Adelfa  
Orange-Kahel  
Oregano-Oregano  
Phil. Viole---Kolintang  
Pomegranate-Granada  
Purshlane-Kolasiman  
Rose-Rosas  
Rosemary-Romero  
Sacred Lotus-Baino  
Saffron-Azafran  
Snakeroot-Serpentina  
Spikenard-Nardo  
Stonecrop-Katakataka  
Sunflower-Mirasol  
Turmeric-Kilaw  
Willow-Sauce

Of course it will still take lots of time before you get to practical work so I will include some uses of common plants:

DAMONG MARIA (Mugwort)- It can be used as an appetizer and purgative. It can also be used as an expectorant. It can cure headache and skin diseases. For rheumatic pains and Arthritis. It is also a good insecticide.

OREGANO (Oregano)- Cures stomach upsets, indigestion, headaches, whooping coughs and respiratory ailments. Bruised leaves sewn into a pillow are helpful for insomnia.

ROSAS (Rose)- Cures mouth ulcer, diarrhea and dysentery.

SANTOL (Santol)- Cures fever

PANDAN (Screwpine)- An aphrodisiac.

KOLITIS (Amaranth)- Cures Diarrhea, ulcers and sores and coughs.

Well there are really much more. I will be posting some information now and then at Mysterio Filipinas. (If it will still be that groups name. There have been talks on changing it to Clerics.)

### **Mga Laman ng Lupa**

Another thing that you should learn in order to be a great Mangagamot is the communications

withy earth elementals particularly the Dwendes and Diwatas.

Dwendes are creatures living under the earth. Great craftsmen, Dwendes often give their human friends magickal knowledge on Plant and Animal virtues. Magickal amulets are also given as well as stones with healing properties.

Most people classify them into four main kinds:

*The White-* this types are great healers. They are one of the greatest friends a mangagamot can have. Although they may seem so good, they can also curse and kill.

*The Brown-* this types carry with them the mysteries of stones. They give their human friends magickal stones that can procure love, luck and healing.

*The Green-* Keepers of plant secrets, herbalist find their long lost friends in the company of these types. They give knowledge of plants and herbs to their friends.

*The Black-* unlike what popular fiction tell you, Black Dwendes are not entirely evil. They will protect their friends against their enemies and will give them the virtues of curses.

The next question is how to make friends with them. There are several ways to contact these entities. One way is thru offering, which I myself did.

The following will lead you to making friends with earthly entities.

### **Pagtawag**

- *On any night, but especially on a full moon, take some bread, wine or milk and a candle. I would suggest you use a white candle.*
- *Next go outside. Feel the coolness of the earth. Feel its energies coming up to your body.*
- *Offer the Bread and Milk, then say: "Tanggapin ang aking munting handog, O mga dwende ng lupa. Naway ito ay tumungo sa mabuti nating pagkakaibigan."*
- *Next close your eyes and open wide your soul. You will hewar a small voice talking to you. It will be small so better pay attention. That voice will be the dwende you called. Make friends with him.*
- *Never ask for something during your first contact. It will be wise to do so after about 4 contacts, when your bond has been more stronger.*
- *Never forget to ask its name!*

The procedure can also be used for Tamaos but I don't think they will respond easily.

Diwatas are faeries. They watch over animals and flowers. They inhabit forest and mountains and are very shy when it comes to contact.

I cannot classify them for they are so many. I cannot really advice on what to do to make contact with them because I have never done so.

### **PAG-AARAL NG PANGAGAMOT**

*This section of the book will be giving instructions on basic pangagamot.*

Before we begin let me note that this section will teach you magickal healing. When I say magickal, it includes the use of prayers and incantations and the aid of supernatural beings. I will not talk about Panghihilot, first because it is not Magickal and second because I don't know it broadly.

### **Prayer and Incantation**

Prayer is a very powerful tool of a Healer. Prayer, as I describe it, is the communication of a person to a certain deity asking for help, giving thanks or asking for forgiveness.

One thing that a Healer can do is pray for the well being of his patient. Ancient Filipino healers pray to Kilubansa, a local deity of healing. One prayer goes like this:

"O Kilubansa, hari ng pangagamot, ako ay pakingan.  
Seta, Eto, Gerom, Latos, Gesa, Seta, Seta!"

This prayer will ask for his aid. Although the language of the second line is unknown, I can testify to its effectiveness.

For those of a more Clerical taste, you could pray to saints, Virgin Mary and Jesus Christ and ask for healing. This is also very effective.

I should caution you on using prayers that are written in books. They claim magickal powers to the highest degree. I'm not saying that they are fake and useless. In my point of view, prayers should resonate through your whole being. They should touch your unconscious mind. That's a really effective prayer.

But if you really want to use such prayers, do so. It's your own choice.

Now for the incantations, these are words of no definite origin but are effective. Some claim that these Orasyons are latin, but careful examinations show that they are not.

Some latin incantations used by ancient healers are given as examples in Perez' book, "Orasyon sa Magica Cantada" (Anvil, 2000).

### **Para Tumahimik ang Sinasapian**

JUTULIM PASEGASE  
BAGATAS MAPAS  
IMAS ENTE  
RETIRUM

### **Ukol sa nagkasakit dahil sa mga Lamang Lupa**

ESMEREELL BERNABAUM  
TUNIC MANUMBAUM

MACMAMTAM MAEMPOMAEM  
MAUMPUMAIL MALAMUROC  
MUAM

I think he also included some in his Orasyon book, but I still haven't read the book so I'm not sure.

I myself have seen Mangagamots and Albularios use such incantations and they prove to be effective.

As I have said, I am only giving Basics and I don't really know lots about Orasyons and

incantations. If you like to know more, you could read the book *Aklat ng Pangagamot*.

### **What to do if...**

This part of the book will give you basic information on what to do in cases of sickness. Each is categorized according to what caused the sickness.

### **Dwendes**

This part of healing is applicable only if the nature of healing is Supernatural or if a Dwende gives the sickness.

Dwendes give because the victim has done something wrong. Most illness are:

Malformation- this is given as a minor punishment when you have hurt a Dwende. Example, if you hurt a Dwendes foot, a malformation will occur in your or your kin's feet.

Rashes and Spot- this will appear in your skin. This is a common punishment given for making a Dwende angry.

Death- if you have seriously paralyzed or if you have killed a Dwende.

The following will give you some information on how to cope with Dwendes:

### **In Times of Malformation and Rashes**

First, use Tawas to know what kind of Dwende attacked the patient. Next using psychism, talk to the Dwende who procured the sickness. In times when the Dwende attacking is of the black kind, you should be using protective measures. Hold the victim in place. Often the Dwende will release to take the sickness off the person. Threaten him death using your Buntot Pagi. Tell him that you will go to his palace and throw salt on him. But if the Dwende were a white type, talk to him. He will give instruction on how to resolve the problem. Often, he will tell you to *mag-atang* or offer something. Often it will be food. Other times it will be a Chicken or a dove.

### **The Black Dwende**

Black types are fierce warriors. They will keep the victim in their arms until it suffers dearly. It will fight till the end. I will suggest you keep away with these types if you are just beginning. Through practice, you will be able to cope with them.

### **Abduction**

This is not rare. Some Dwendes fall in love with young maidens. In these cases, a Dwende will appear as a Handsome Person and court the

maiden. He will first show the lady his kingdom. After that he will take her to his palace and let her eat black rice. When that happens, she will be trapped there forever. You should prevent this. When someone is hinted to be courted by a Dwende, inform the young girl on what fate lies ahead of her. Tell her she will only be treated as a slave in that place. Then it is time to confront the Dwende.

### **Kulam**

Cases of Nakulam are not also rare. In most times, the mangkukulam envies the victim and she casts a spell. Other times, she takes on revenge.

First conduct a Tawas to know if the person is suffering from kulam. Next see what type of kulam is used to harm the victim.

Sometimes the only way to counteract a kulam is to consult another witch. In this times it is good to know some spells of deflection.

### **Barang**

Sometimes there will be rare cases of barang. This type of magick is very hard to combat so it is best left to another Mambabarabang if you don't want to get hurt.

## **Tamaos**

Tamaos rarely hurt humans, but if they do, the human will suffer big punishments. The best way to cure this types of sickness is through the Atang or offering. This is usually done after or before the meal of the victim or the victim's family. Some of the most used offerings are coconut milk or Gata and Rice Cakes or Kakann.

Pilay