
1. What are the circumstances that force a person to question oneself about his/her identity?

The situation that makes a person to question about his/her self- identity is that when someone ask about ourselves and we, as a person will realize the importance to know our own identity or personality.

2. What forms do these questions about self-identity take?

We, as an individual need to do something for us to improve our self like portraying our character to create positive image to everyone around us.

3. Based on the survey of ideas, what answers are usually given to these questions?

Accepting ourselves, know your worth and appreciate our own personality because I believe that everyone has a unique character.

4. On a personal level, what answer can you give about the search for the nature of the self?

For me, first thing that I need to do is to acknowledge myself. It is important to accept first our own personal identity for us to be able to improve it.

5. Which do you think applies better to you at this point in time?

The Avocado view or the Artichoke view? I think Avocado view applies better because based on what I read, this view has a seed that contains its essence while artichoke view has no central core.