

ACTIVITY NO. 3

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B.S. HM 1A

1. **Why are the rules important to social being? What would happen if there are no rules in our society?**

- Rules are important to social being for the reason that it serves as a guide for us to act accordingly to differentiate what is wrong and right. It helps us to limit our behavior to avoid harming, not just towards people but also to other living things. We follow laws everyday to maintain harmony along human society, to live fairly, for security or safety, and controlling our actions to such situations in the community. Thus, maintaining peace and order for the development of country. However, if there are no rules in our society it may lead to complete chaos. Violence may arise, uncertain security, fear, crimes and people will not have a stable environment to live on. It can also to trigger a war between countries, and will result to loss of life, as well as downfall of countries.

2. **Based on your experience, what rules do you find restricting? List down five rules that restrict you? Why?**

- *Rules that restrict me are the following:*
 - a) **Going out late at night unattended with no one**— especially when going far away from the house, because crimes most likely happen at night. I'm afraid to walk alone in dark places.
 - b) **Stay home this year**— it is the safest place. Although I want to go outside my family restricts it, in order to protect ourselves from the transmission of virus.
 - c) **Avoid overeating**— people around me including some of my family previously bully me for being fat. This is one of my own rule, restricting myself to eat too much, particularly junk food and sweet foods.
 - d) **Avoid posting personal information on social media platforms**— My former computer teacher told us etiquettes prior in using social media platforms. People may gossip, make fun of you and judge you, so I'd rather think before clicking.
 - e) **Avoid excessive use of gadgets**— as far as I want to use gadgets such as cellphone, radiation actually damage the eyes. Also, radiation make my brain active, making me hard to fall asleep at night

3. **What is ethics? What are the reasons why we should study Ethics?**

- Ethics are moral set of codes that guide us what to do before undertaking an action or behavior. It helps the way we decide in such situation for what is morally good or bad, right and wrong. In addition, it can also be our set of principles when we encounter moral dilemmas and difficult circumstances not just for now but also in the future. Somehow, we should study ethics to live a good life and to be a good citizen by determining whether the act we perform is morally good and bad, right and wrong. Moreover, to bring development and harmony to society.

4. Think of a game that you used to play. Identify the rules involved in playing the game. What will happen if there will be no rules in that game?

- I used to play badminton when I was in junior high. It can be played indoor or outdoor with wide area. And can be played with single or double players. There are many rules involved while playing this game. Tossing a coin before playing make it fair, whoever wins the toss can choose whether you want to take the first serve or choose which side of the court. Before serving you must first listen to the umpire's whistle and must hit the shuttlecock below your waist, then carry it diagonally to be valid. Thus, raising your racket upward before serving indicate "wait". You are not allowed to serve it similar to lawn tennis. Hitting twice the shuttlecock and touching the net in rally is foul. Then, make sure to hit the shuttlecock pass over the net not exceeding the the inside of the badminton court and If you win a rally you gain points. Moreover, strictly no bad words allowed. Sometimes matches can take up to three sets, so be certain and win the two sets.

Personally, I believe the game will not be fair if there are no rules. There are no basis for gaining points and will end up in outrage for both the opposing team of the game. Discipline can not be applied through the game as well as unity and the word sportmanship.