“The Impact of Relationship Breakup to the Grade 11 Senior High School Students in Our Lady of Fatima University – Quezon City Campus”

12 Medical Technology 3

Group No. 5

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CHAPTER 1:
INTRODUCTION

A break up is the end of committed romantic relationship between dating partners, it is an often unprepared for the variety of emotions that an individual feel in the process. Nearly everyone experiences the pain of a breakup of an important love relationship at some point in life. Many people are forced to cope for the first time with the breakup of a significant relationship during high school days. It is difficult to know just how painful a relationship breakup can be until it happens in one's own life. Intense feelings of sadness and despair are a common reaction to the end of a relationship.

Nowadays, students are mostly having their relationship while studying. Some are taking this seriously, some don't. That's why break ups have been an event that normally occur these days. This phenomenon had so much impact on the teenagers that taken a relationship seriously. Being into vices and becoming the person who aren't them. Some of the students that just broke up with partners neglect the studies because students cannot contain the sadness. Students experience depression because students are taking relationships seriously. Lastly, blaming oneself is one of the issues in this study that's why the students are trying to change just because of the past relationship.

The main objective of the researchers in conducting this study is to know the impacts of relationship breakups to the students in OLFU. The researchers wanted to know the reasons behind the breakups that teenagers experience, the effects of it to the personal life of the two persons involved in the relationship and how these people overcome the struggles resulted by the previous breakup. This study also aims to develop or increase the knowledge of the benefactors about the impact of relationship breakup to the academic performance of the respondents. Last but not the least, the objective of this research is to seek for the perspectives of the people towards this study.

Foreshadowed Problem

This study aims to answer and analyze the general question: "How relationship breakups affect the Senior High School Students?"

The general question is related to the following questions:

1. What is the demographic profile of the respondents?

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1.1 Age

1.2 Gender

1.3 Strand

2. How does following reasons of relationship break-ups affect the respondents?

2.1 Social Status

2.2 Lack of Attraction

2.3 Lack in Time

3. How does the relationship break-ups affect the academic performance of students that is fresh from a break-up?

Research Statement

This research will be a good example for the next researchers who will conduct this kind of research. The content of this research will be their guide to improve this research in the next level. This will serve as an awareness to the young people who will face this kind of problem in the future. Through this research, people especially the students will get a lot of information that may use and apply in the daily life situation. This will serve as a warning for the students to not easily enter relationship without thinking and planning. This study will give them a piece of advice when they experiencing this problem.

Scope and Delimitation of the Study

This study will be conducted in the vicinity of Our Lady of Fatima University – Quezon City Campus. The respondents would be 20 Grade 11 students coming from the different strands and sections.

Significance of the Study

The study aims to determine the impact of relationship breakup to the Senior High School students in Our Lady of Fatima University, Quezon City Campus. This study will find out how the students manage in which study breakup side is involve. Additionally, it will determine the levels of motivation and anxiety of the respondents. This will also highlight the effects of breakup to the students in the said university, the result of the

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study would alarm the student and raise the awareness on the effects. Furthermore, this will provide data that would also guide the students who are involve in the said study that will assess individual's life. The outcome of this study will raise the awareness of the parents of the respondents who are synchronizing life. Moreover, the findings will benefit the parents, so that parents may guide the students to prioritize study and set-aside or minimize factors of the impact of relationship breakup to the students more frequent interaction with the other people which can affect the students. For the teachers, the information that teachers will get in this study, could give and help to guide and give proper attention to the students who are involve.

Perspective in the study of Quality of Life of Retired Teachers turned agriculturists

Local

According to the Psychology Today, A group of renowned psychologists, academics, psychiatrists and writers that focuses on providing comprehensive psychological directory, states that romantic relationships comprise the most meaningful aspect of life, providing a source of deep fulfillment. In addition, Villanueva (2015) Also added that the intimacy changes as a person grow older, so the intimacy with peers replaces parents, while intimacy with peers of the opposite sex replaces intimacy with same-sex friends sometimes. In this generation, Dating introduces adolescents to the world of intimacy, relationship roles, sexual experimentation and romantic love rather than male selection. Despite the fact that high school dating has so little to do with long-term commitments and marriage, modern-day romantic relationship among teens are very common. Being involved in a romantic relationship most of the time involves exchanging contact information or becoming friend on social networking sites, engaging in harmless communication via text, seeing each other at school, and even holding hands as the walk through the halls. By the age of fifteen or sixteen, teens move towards qualitatively different and more meaningful relationships; by the time they are seventeen or eighteen, they begin to think about their romantic relationships in a much deeper, more mature way, with significant growth in both emotional and physical interests and commitment. These older adolescents tend to form more adult-like version of romantic love and attachment, and stay in relationships that last over a year, on average.

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Moreover, an investigation on the effect of early parenthood among Bohol Island State University (BISU) – Candijay Campus female students was conducted by Balaba and Betos (2008). There were 25 unmarried mothers which were the respondents of the study. Average grades of the respondents before and after having a child were compared and the researchers discovered that academic performance was not significantly affected by the occurrence of early motherhood. Nevertheless, results of the study showed that the respondents found it hard to concentrate on their studies because of the problems they met being early parents. This study relates to the present study because it involves time management, motivation and anxiety. Early parents were motivated to study to provide a brighter future for their child. On the contrary, it is not easy for them to focus on their studies because of the problems they met as early parents and they find it hard to divide their time between studies and family.

Conceptual Framework

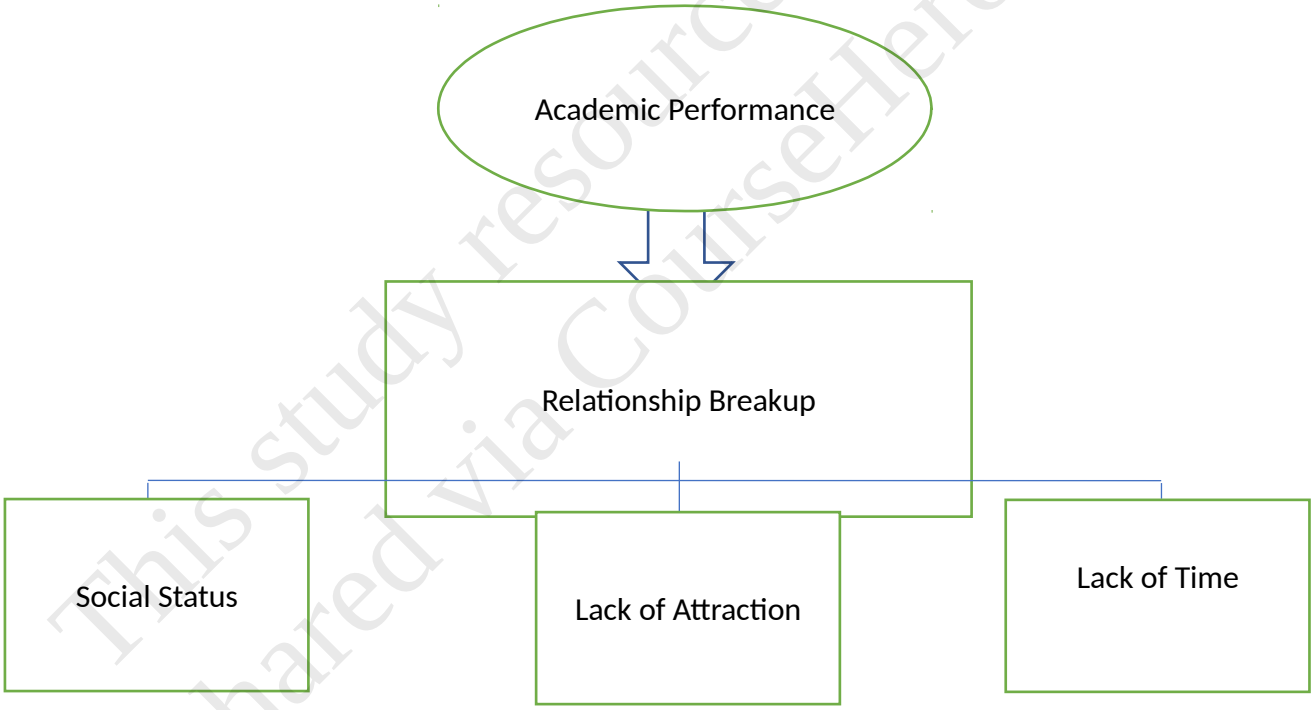

Figure 1: "The Impact of Relationship Break-up to the Senior High School Students in Our Lady of Fatima University - Quezon City Campus."

RESEARCH METHODOLOGY

Research Design

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This study is a Qualitative Approach that will use Phenomenological Method which tackles about the description of the nature of a particular phenomenon or event.

Research Setting

The researchers will be conducting this study at the campus of Our Lady of Fatima University, Quezon City Campus because the target respondents of the researchers are from this university and also for the easy access and convenience of both the researchers and the respondents. The said location was chosen since the needed population of respondents is in capable of providing it. Quezon City Campus is one of the four campuses of Our Lady of Fatima University, located in Hilltop Subdivision, Lagro, Quezon City, Philippines.

Research Subject

The researchers will interview the students who will voluntary participate in Our Lady of Fatima University that has a past relationships. The Senior High School students from the above-mentioned site are the respondents of this study. The respondents are compose of 20 students ages 16-22 years old and a senior high school students coming from the different academic strands in Our Lady of Fatima University.

Research Ethics

The researchers will guarantee that the anonymity and confidentiality of the respondents is strictly secure through the waiver they before answering the question that will prepare by the researchers intend for the interview. Research participants will have all the rights to withdraw from the research process, respect the autonomy, decision-making and dignity of participants, and minimizing the risks (physically, psychologically and socially) and maximizing the benefits to research participants.

Research Instruments

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The researchers will use interviewing students as the tool for collecting data. An interview is generally a qualitative research technique which involves asking open-ended questions to converse with respondents and collect elicit data about a subject.

Data Gathering Procedure

The researchers will provide questions for the interview that will answer by the selected Senior High School respondents which will be held in Our Lady of Fatima University (Quezon City Campus). Questions will be answer by 20 Senior High School Students that will come from different strands. Each of the respondents will be given enough time to answer all the questions given by the researchers and the answers will be recorded through a phone recorder. The researchers will convert the voice records into written texts for easy description of the collected data. After collecting the data the researchers will proceed in analyzing and interpretation to explain the data in a bigger picture.

Data Gathering and Processing

In data gathering the researchers collected data through conducting an interview to 20 persons who are related to this research. The researchers conducted at least 5 questions about the impact of relationship break up to those Senior High School student. The interview will do in a 5-10 minutes.

Ethical Considerations

This research is about knowing the perspective of those students who had experience breakup to their past relationship. The data gathering will be done in a minute where the respondents are going to interviewed by the researchers where the respondents are voluntary. All respondents who will participate for this research have rights to withdraw or continue once the interview started. The researchers are obligated to follow the research ethics in order to make the better process for this research study and also to be good and comfortable between the relationship of the participants and researchers. All answers will be respected and appreciated by the researchers.

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A research that negatively affect the respondents would be avoided and all the personal information given by the respondents will be anonymous and confidential assured by the researchers. Every information collected by the researchers will be focused and observed and only for educational purposes.

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