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Qualitative Research Paper

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In this qualitative research critique, I will be Summarizing a research question, methods, and findings of an assigned qualitative study. Evaluate the appropriateness of the research methods and analytical approaches used in the study. Support the position with evidence cited from the textbook and at least one other scholarly source about the research design or method. Analyze ethical issues pertaining to how the study was carried out. Critique the strengths, weaknesses, and limitations of the study. Recommend a research question and methods for a follow-up study on the topic. One important decision for new mother and mothers in general is whether to breastfeed. Most mothers decide to go the option of breastfeeding due to the milk being natural. Some mothers have a negative attitude towards breastfeeding. This can be due to many things such as having trouble with the baby latching on to the breast. Other reason can be due the mothers background and beliefs. While breastfeeding is natural some mothers still decide to go with formula. Manufacturers often add new ingredients to infant formulas to mimic the composition or performance of human milk. Multiple health organizations, including the American Academy of Pediatrics (AAP, 1997) support breastfeeding as the optimal form of nutrition for infants for the first year of life. Breastfed infants, compared with formula-fed infants, have a lower incidence of infectious diseases. Human milk has multiple components that likely mediate this anti-infectious, immunologically enhancing effect. These include secretory immunoglobulin A, lactoferrin, lysozymes, intact cellular components, and oligosaccharides. Breastfeeding has been a debate for some time now and although research can't be conducted on formula feed babies and breastfeeding babies. It can be conducted on the mothers who decide to breastfeed and those who decide to go with formula. In an article "How do modern parents deal with cultural beliefs about breastfeeding? A qualitative study," Anngraeni, M., Aji, B., Setiyani,

R., Kartikasari,A., & Rahmawati, E. (2018) Looks into the cultural beliefs among modern women of the central Java Province, Indonesian about their perceptions on breastfeeding. Researchers analyze 23 women Javanese women to determine if their cultural beliefs impact their decision on breastfeeding. Among those 23 participants ages 21-62. Seventeen of the women were multiparous, meaning they had more than one child. While the other six women were primiparous meaning they bearded children for the first time. Two of the participants were widows while the other 21 were married. The researchers used ethnographic in this research method. The selected variable help researchers to decide how they will go about performing interviews and gathering the data being presented with the focus group. In this study snowball and purposive sampling methods were used in choosing the general and key participants. Each and every participant were presented with a consent agreement on their choice to participate in the research study. Many of the women were chosen by the difference of their characteristics. Eleven of the participants were interviewed at home. While performing their daily duties and activities, their families were observed. Through in-depth interviews, data was able to be gathered. The participants interviews were written down to make sure the trustworthiness of the information reported and then it was examined. By using qualitative thematic analysis, the data presented was examined. By performing this research study, it allowed researchers to obtain knowledge pertaining to the cultural beliefs of the modern Javanese women. When conducting a research study, it is imperative that the results can be trusted. Researchers should include script procedures that would make sure that their research can be trusted. There were great findings in this study. There was plenty of information presented. I think that there was also some limitation placed on this study as well. One of the limitations being the sample size of 23 participants. Most qualitative require up to 50 participants. I also think that the researchers limited their study to

one ethnicity, they should have included another ethnic background. I think that this study has opened up room for more study to be conducted on other ethnic perceptions on breastfeeding in their culture.

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## Reference

AAP (American Academy of Pediatrics). 1997. Breast feeding and the use of human milk.

Pediatrics 100:1035– 1039

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