

The research focuses on the effect of social media on Grade 12 SHS students' mental health during the COVID-19 pandemic. The study will be quantitative and descriptive. The research includes Grade 12 Senior High School students from Emilio Aguinaldo College in Cavite. The study will be conducted entirely online, using the Google Forms format. The study timeline began when the researchers began formulating ideas for a possible subject and conceptualizing the proposed title and then progressed to data collection and evaluation. The study will last until the end of the second semester, which began in March 2021.