

FILIPINO PSYCHOLOGY

1. Which of the following statements would MOST likely describe Bahala Na attitude of Filipinos according to Sikolohiyang Pilipino?

a) It means fatalism

b) It is a Filipino attitude that makes him accept sufferings and problems, leaving everything to God

c) is a fatalistic resignation or withdrawal from an engagement or crisis or a shirking from personal responsibility

d) It means determination and risk-taking

- **D. It means determination and risk-taking**
- Lagmay (1977) explained that *bahala na* is not “fatalism” but “determination and risk-taking”.

2. Which of the following statements would be MOST likely true about Utang na Loob?

- a) debt of gratitude
- b) the principle of reciprocity incurred when an individual helps another
- c) to show gratitude properly by returning the favor with interest
- d) it actually means gratitude or solidarity

- **D. it actually means gratitude or solidarity**
- Looking at *utang na loob* more closely in the context of Filipino culture, it actually means “gratitude/solidarity”.

3. The predisposition to indirectness of Filipino communication would most likely be due to?

- a) Pakikisama
- b) Pakikiramdam
- c) Kagandahang-Loob
- d) Palagayang-loob

- **B. Pakikiramdam**
- A unique social skill inherent in Filipino personhood.
- A request to feel or to be sensitive to
- There is “hesitation to react, attention to subtle cues and non-verbal behavior in mental role-playing

4. In Indigenous Research Method, *pagtatanong-tanong* is an example of which of the following measures?

- a. Unobtrusive
- b. Participative
- c. Obtrusive
- d. None of the above

- **C. Obtrusive**

Iskala ng Mananaliksik

(Santiago & Enriquez, 1976)

Unobtrusive	Pagmamasid Pakikiramdam Pagmamatyag Pagsubaybay
Obtrusive	Pagtatanung-tanong Pagsubok
Participative	Padalaw-dalaw Pakikialam Pakikilahok Pakikisangkot

5. The following values are NOT designated as Accommodative Surface Values. Point the exception.

a) Pakikiramdam

b) Hiya

c) bahala na

d) karangalan

- **B. Hiya**
- As colonial/accommodative surface values
 - *hiya* (“propriety/ dignity”)
 - *utang na loob* (“gratitude/solidarity”) and
 - *pakikisama* (“companionship/esteem”);

6. A poor person who is a kind and honest person and respects the dignity of hard work has a lot of:

- a. Dangal
- b. Paninindigan
- c. Katapatan
- d. Kagandahang-loob

- A. Dangkal

- *Dangkal is honor from within – knowledge of one's true worth, character, achievement and success.*

7. Which of the following Filipino Values is considered as an ingredient in why Filipinos overspend during fiestas in order to please their visitors, even to the extent of going into debt?

- a) Utang na loob
- b) b. Karangalan
- c) c. Hiya
- d) d. Pakikipagkapwa

- **c. Hiya**
- Lynch (1961) saw *hiya* as “*the uncomfortable feeling that accompanies awareness of being in a socially unacceptable position, or performing a socially unacceptable action.*”
- Andres (1994) described *hiya* as “an ingredient in why Filipinos overspend during fiestas in order to please their visitors, even to the extent of going into debt”

8. The following are considered as Societal Values. Point the exception.

a) Kagandahang-loob

b) Katarungan

c) Kalayaan

d) Karangalan

- **A. Kagandahang-loob**
- As societal values
 - *karangalan* (“dignity”),
 - *katarungan* (“justice”), and
 - *kalayaan* (“freedom”)

9. Filipinos often use euphemism in language because they value and maintain which of the following?

- a. Pakikipagkapwa
- b. Kagandahang-Loob
- c. Pakikisama
- d. Pagkamakatao

- **C. Pakikisama**
- *Pakikisama* was identified by Lynch (1961, 1973) as a Filipino value, giving it the English translation of maintaining “smooth interpersonal relations”

10. If one is regarded as ibang-tao, which of the following level of interaction would be LEAST likely shown by Filipinos?

- a. Pakikitungo
- b. Pakikisalamuha
- c. Pakikipagkwentuhan
- d. Pakikipagpalagyang-loob

- d. Pakikipagpalagyang-loob**

Iskala ng Patutunguhan ng Mananaliksik at Kalahok

Antas ng Pakikitunguhan	Kategorya
PAKITITUNGO	IBANG TAO
PAKIKISALAMUHA	
PAKIKILAHOK	
PAKIKIBAGAY	
PAKIKISAMA	
PAKIKIPAGPALAGAYANG-LOOB	HINDI-IBANG TAO
PAKIKISANGKOT	
PAKIKIISA	

Santiago, C. S. & Enriquez, V. G. (1976). Tungo sa makapilipinong pananaliksik. Nasa R. Pe-Pua (gat.), *Sikolohiyang Filipino: Teorya, metode at gamit* (pp. 155-160). (Orihinal na inilimbag sa *Sikolohiyang Filipino: Mga Ulat at Balita*, 1(4), 3-10, 19.)

11. Which of the followings statements would be LEAST likely true about Pakikipagkapwa?

- a) It is the core of the Filipino Value
- b) This means treating the other person fellow human being
- c) It is used to maintaining smooth interpersonal relationships
- d) It means treating others as yourself

- **C. It is used to maintaining smooth interpersonal relationships**

KAPWA (SHARED IDENTITY)

(Shared Inner Self, “The other person is also yourself”)

- the core of Filipino psychology, it is humaneness at the highest level
- implies unique moral obligation to treat one another as equal fellow human beings

12. Which of the following statements would be LEAST likely true about Pakikiramdam?

- a) It is a request to feel or to be sensitive to others.
- b) It is “feeling for another”, exercising great care and deliberation
- c) It is an indirect pattern of communication of Filipinos
- d) It means untruthfulness, dishonesty or hypocrisy

d. It means untruthfulness, dishonesty or hypocrisy

Pakikiramdam (Knowing Through Feeling or Tacit Knowing; Participatory Sensitivity)

- A unique social skill inherent in Filipino personhood.
- A request to feel or to be sensitive to
- There is “hesitation to react, attention to subtle cues and non-verbal behavior in mental role-playing

13. Which of the following is considered as an externality component of Filipino Personality?

- a. Dangkal
- b. Kaligayahan
- c. Dama
- d. Timpi

- **c. Dama**
- **Internality and Externality Components of Filipino Personality**
- *Puri or Dangal*
 - *Puri refers to honor* which is physical, such as that bestowed through compliments or applauses for a good performance, thus external
 - *Dangal is honor from within – knowledge of one's true worth, character, achievement and success.*

14. In conducting research in Filipino Psychology, which of the following would be MOST likely important in establishing rapport?

- a. Pakikisama
- b. Pakikitungo
- c. Pakikipagpalagayang-loob
- d. Pagkikibagay

- **C. Pakikipagpalagayang-loob**
- Nagpapahiwatig na ang isang tao ay panatag sa kalooban ng kanyangkapwa
- Wala ng pagkahiya
- Buo na ang pagtitiwala sa isa't isa

15. Which of the following is considered as Confrontative Surface Value?

- a. Lakas ng loob
- b. Pakikisama
- c. Hiya
- d. Katarungan

- **A. Lakas ng loob**
- *as confrontative* surface values. He emphasized
 - *bahala na* (“*determination*”),
 - *sama/lakas ng loob* (“*resentment/guts*”) and
 - *pakikibaka* (“*resistance*”)

16. During the meeting, an employee just went along to the majority decision. This best reflects which of the following?

- a. Pakikitungo
- b. Hiya
- c. Pakikibagay
- d. Pakikisama

- **D. Pakikisama**
- *Pakikisama* was identified by Lynch (1961, 1973) as a Filipino value, giving it the English translation of maintaining “smooth interpersonal relations” by going along with the group or the majority decision, i.e., conformity.

17. The highest level of interaction that Filipinos show if others are considered as Hindi-ibang Tao.

- a. Pakikisangkot
- b. Pakikipagpalagyang-loob
- c. Pakikiisa
- d. Pakikisama

- **C. Pakikiisa**

Iskala ng Patutunguhan ng Mananaliksik at Kalahok

Antas ng Pakikitunguhan	Kategorya
PAKITITUNGO	IBANG TAO
PAKIKISALAMUHA	
PAKIKILAHOK	
PAKIKIBAGAY	
PAKIKISAMA	
PAKIKIPAGPALAGAYANG-LOOB	HINDI-IBANG TAO
PAKIKISANGKOT	
PAKIKIISA	

18. Which of the following would be MOST likely true about the concept of Hiya in Filipino personality?

- a) the uncomfortable feeling that accompanies awareness of being in a socially unacceptable position
- b) It has negative aspect
- c) It is the same as shame
- d) It means sense of propriety

- **D. It means sense of propriety**
- Bonifacio (1976) alerted us to the different meanings of the word *hiya* depending on its form – *nakakahiya* (embarrassing), *napahiya* (placed in an awkward position), *ikinahiya* (be embarrassed with someone), etc.
- *With some affixes, it becomes negative, e.g., napahiya; with others, positive, e.g., mahiyain (shy); and in still other forms, it can either be positive or negative depending on the context, e.g., kahihyan (sense of propriety, or embarrassment).*

19. When psychological tests were translated into the local language, modified in content, so that a Philippine-type version of the originally borrowed test was produced. This is an example of:

- a. Indigenization from without
- b. Indigenization from within
- c. Cultural Revalidation
- d. Universality of Psychology

- **B. Indigenization from within**

INDIGENIZATION FROM WITHIN

- Theories, concepts, and methods are developed internally, and indigenous information is considered to be a primary source of knowledge (Enriquez, 1993)
- Theories, concepts, and methods are developed from the bottom-up approach
- Advocates examining knowledge, skills, and beliefs in which people have about themselves, and studying these aspects in their natural contexts



20. Juan suddenly loses his awareness to his physical surrounding because of a minor accident. Jose loses which of the following?

- a. Diwa b. Ulirat c. Kamalayan d. Isip

- **b. Ulirat**
- Kamalayan – consciousness both cognitive and emotional experience
- Ulirat – awareness of one’s immediate surrounding
- Isip – knowledge and understanding
- Diwa – habits and behavior