

1. What was the speaker's project/idea?

Speaker's project or idea is how boredom makes someone craft a brilliant idea.

2. How did the speaker come up with the idea?

The speaker come up with the idea from the facts regarding how smart phones usage especially surfing social media sites affects the life of a person, the way he should think and act. Too much connection to social media makes someone bombarded with thoughts which made her project - not to use social media or smart phones for a while makes someone creative, think critically and significantly towards life.

3. Was her project informative? List down all the information you learned from her TED talk.

Yes, it is informative. Being supported with facts and surveys.

- How can smart phones makes you feel not bored
- How can smart phones help you connect even if you are doing something
- How can multi-tasking affect the way we think, accomplish something and our health
- How can usage of gadgets/phones makes people nowadays not to think critically about life
- How can avoidance of frequent use or not at all of smart phones/social media makes someone think of brilliant ideas and fruitfully view life

4. How frequent do you use your phone? Can you see yourself doing the speaker's challenge?

For about 60-80 times a day checking notifications and other phone stuffs. Yes, but it will be hard.